



MedStar Health

MedStar Georgetown Transplant Institute

Experience top-notch rehabilitation services at Forest Hills of DC: **The next step in your liver transplant recovery.**



Tina Sandri, CEO of Forest Hills, with Eva Kao, her mom, Forest Hills' first liver transplant patient.



Staff speaking with prospective resident on how Forest Hills can help with short-term rehabilitation.



Our physical therapy is tailored to each individual patient's needs.



Forest Hills' personal chef preparing a scratch meal with fresh ingredients.

## Who we are

The MedStar Georgetown Transplant Institute is the largest academic liver disease treatment program and the area's leading liver transplant program.

Forest Hills of DC is a non-profit retirement community located in the Forest Hills neighborhood of Washington, DC. providing assisted living, skilled nursing, and memory care services to a diverse community of seniors for 130 years.

## Our partnership

MedStar Georgetown Transplant Institute and Forest Hills of DC's partnership provides people who've had a liver transplant with short-term rehabilitation care delivered by experienced nurses and physical and occupational therapists.

Forest Hills is top-ranked by CMS and *US News and World Report*. It is a 2022 Silver National Quality Award Medicare-licensed skilled nursing care center offering private and deluxe semi-private rooms.

We are also committed to providing healthy meals with fresh ingredients and cooking from scratch, setting the standard for dining excellence.

## During your stay

During your stay, the compassionate nursing staff will provide wound care and pain and medication management as you heal from surgery. The therapy staff will help you build strength, endurance, and balance and practice activities of daily living so you'll be well prepared and confident when you go home. Therapists can also perform an evaluation of your home for safety issues and make recommendations for any adaptations.

You'll have access to all Forest Hills' amenities, including:

- Choice of daily programs that include weekly entertainment
- Beautifully landscaped outdoor areas
- Prioritization given to transplant patients for private suites

You will continue your transplant immunosuppression medication regimen and follow-ups as scheduled while you receive physical rehabilitation care at Forest Hills of DC. Your team at MedStar Georgetown Transplant Institute will collaborate with Forest Hills of DC to ensure your recovery and treatment progress.

Resident working with therapist to help build back strength in his hand.



Residents and staff getting together for games and entertainment.



Residents realxing in the beautifully landscaped outdoor area.







Enjoying a morning walk.

## Your rehabilitation stay.

Our Forest Hills community is excited to partner with MedStar Georgetown Transplant Institute and we are ready to serve by providing excellent rehabilitation care to seniors and their family.

Please contact our Marketing & Admissions if you have any questions, concerns, and guidance to establish your short-term rehabilitation stay.

You can reach us at **202-696-1923**.

To learn more about our short-term rehabilitation stay, please scan the QR code below.



To talk with a  
Forest Hills  
short-term  
rehabilitation  
team  
member, call  
**202-966-7623**.

**FOREST HILLS** OF DC  
INCLUSIVE SENIOR LIVING

  
**MedStar Health**