




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 LE Rounds 10:30  Morning Stretch 11:00  Garden Club with Mr. O'Hara 2:00  Bingo 3:00  Ice Cream Social	2 10:00 LE Rounds 11:00  Chair Yoga w/ Tiffaney 2:30  Resident Council Meeting 3:00  Pet Visits with Tina and Strudel	3 10:00 LE Rounds 11:00  Thursday Fit Club 11:30  Today's Top Stories 2:00  Bingo 3:00  Happy Hour with Rick Whitehead	4 10:00 LE Rounds 10:30  Arts in Education: Joan Miro 1:30  Scenic Ride 1:45  Forest Hills Choir w/Vicki Merlo 2:45  Catholic Communion 3:15  Friday Sports: Noodle Ball	5 10:00 LE Rounds 11:00  Move 2 Music 11:30  Armchair Travel 2:00  Bingo 3:00  Ice Cream Social
6 10:00 LE Rounds 11:00  Sunday Stretch 11:15  Music w/ Jerry Roman 11:30  Daily Word and Sunday Hymns 2:00  Table Games and Trivia 3:00  Cinematic Sunday!	7 10:00 LE Rounds 11:00  Sit and Be Fit 11:30  Talk Back with Vicky Parker 2:00  Balloon Badminton 3:30  Wheel of Fortune	8 10:00 LE Rounds 10:30  Morning Stretch 11:00  Garden Club with Mr. O'Hara 2:00  Bingo 3:00  Popcorn Social 6:00  Movie Night	9 10:00 LE Rounds 11:00  Chair Yoga w/ Tiffaney 2:15  To the Hoops! 3:00  CVS Shop and Stroll 3:30  Words That Begin With ...	10 10:00 LE Rounds 11:00  Thursday Fit Club 11:30  Today's Top Stories 2:00  Bingo 3:00  OktoberFest	11 10:00 LE Rounds 10:30  Morning Stretch 11:00  Music with Jerry Roman 1:30  Trip to Target 1:45  Forest Hills Choir w/Vicki Merlo 2:00  Science Talk with Miles 2:45  Catholic Communion	12 10:00 LE Rounds 11:00  Move 2 Music 11:30  Armchair Travel 2:00  Bingo 3:00  Ice Cream Social
13 10:00 LE Rounds 11:00  Sunday Stretch 11:30  Daily Word and Sunday Hymns 2:00  Praise and Worship with Shaq 3:00  Cinematic Sunday!	14 <b>Columbus Day</b> 10:00 LE Rounds 11:00  Sit and Be Fit 11:30  Broadway Chat with Kia: More with Rodgers and Hammerstein 2:00  Balloon Badminton 3:30  Jeopardy	15 10:00 LE Rounds 10:30  Morning Stretch 11:00  Garden Club with Mr. O'Hara 2:00  Bingo 3:00  Ice Cream Social	16 10:00 LE Rounds 11:00  Chair Yoga w/ Tiffaney 2:15  Be Well with Ganiat 3:00  Pet Visits with Tina and Strudel 3:30  Categories A-Z	17 10:00 LE Rounds 11:00  Men's Club with Correy 11:00  Thursday Fit Club 11:30  Today's Top Stories 2:00  Bingo 7:00  Politics and Prose: Rise to the Challenge: Marlene M. Johnson	18 10:00 LE Rounds 10:30  Fall Crafts 1:30  Scenic Ride 1:45  Forest Hills Choir w/Vicki Merlo 2:00  Science Talk with Miles 2:45  Catholic Communion 3:30  Friday Sports: Kickball	19 10:00 LE Rounds 11:00  Move 2 Music 11:30  Armchair Travel 2:00  PERFORMANCE BY THE TEEN ANGEL PROJECT 3:00  Ice Cream Social
20 10:00 LE Rounds 11:00  Sunday Stretch 11:30  Daily Word and Sunday Hymns 2:00  Table Games and Trivia 3:00  Cinematic Sunday!	21 10:00 LE Rounds 11:00  Sit and Be Fit 11:30  Daily Chronicles, Trivia, Horoscope 1:15  Jazz History with Quentin Walston 2:00  Think Pink Day! Breast Cancer Awareness	22 10:00 LE Rounds 10:30  Morning Stretch 11:00  Garden Club with Mr. O'Hara 2:00  Bingo 3:00  Popcorn Social 6:00  Movie Night	23 10:00 LE Rounds 11:00  Chair Yoga w/ Tiffaney 2:15  Virtual Games 3:00  Origami with Tina	24 10:00 LE Rounds 11:00  Thursday Fit Club 11:30  Today's Top Stories 1:30  Field Trip to the PEIRCE MILL (Sign-up Required) 2:00  Bingo 3:00  Name That Tune	25 10:00 LE Rounds 10:30  Pumpkin Decorating 1:45  Forest Hills Choir w/Vicki Merlo 2:45  Catholic Communion 3:15  Last Fridays with Bruce	26 10:00 LE Rounds 11:00  Move 2 Music 11:30  Armchair Travel 2:00  Bingo 3:00  Ice Cream Social
27 10:00 LE Rounds 11:00  Sunday Stretch 11:30  Daily Word and Sunday Hymns 2:00  Table Games and Trivia 3:00  Cinematic Sunday!	28 10:00 LE Rounds 11:00  Sit and Be Fit 11:30  Broadway Chat with Kia: The Music of Kander and Ebb 2:00  Balloon Badminton 3:30  Virtual Games	29 10:00 LE Rounds 10:30  Morning Stretch 11:00  Garden Club with Mr. O'Hara 2:00  Bingo 3:00  Ice Cream Social 7:00  Politics and Prose: The Bee Sting: Paul Murray	30 10:00 LE Rounds 11:00  Chair Yoga w/ Tiffaney 2:15  Monica's Creations 3:30  Poetry Corner	31 10:00 LE Rounds 10:30  Trick or Treat! 2:00  Halloween Party 3:00  Pet Visits with Tina and Strudel		<div>All Events Are Subject to Change</div>