

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY MOTHER'S DAY	Location Key AL - Activities Lounge AH - Assembly Hall LIB - Library AF - All Floors C - Community Outing CY - Courtyard	Activities are subject to change. All activities are a maximum of one hour unless otherwise notified.	MEMORIAL DAY REMEMBER AND HONOR	1 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Zumba Chair Exercise- AH 10:30 Trivia Madness AH 11:00 Walking Club 1:30 Seniors Are Cool Marathon- C 2:00 Bingo 3:00 Happy Hour with Dan Reynolds 4:30 Mail Delivery -AF 6:00 Evening Movie- AH	2 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Cardio Class - AR (LL) 10:30 Arts in Education 11:00 Strudel Visits w/ Tina - AF 1:30 Shopping Trip - Safeway 2:45 Catholic Communion† 3:30 Fact or Fiction - AH 4:30 Mail Delivery -AF	3 9:30 Daily Chronicles & Morning Greetings - AF 11:00 Move 2 Music AH 11:30 Kentucky Derby Trivia AH 2:00 Bingo - AH 3:00 Ice Cream Social 3:30 Manicure Cart One on Ones - AF 4:00 Mail Delivery -AF
4 10:30 Daily Chronicles & Morning Greetings - AF 11:00 Sunday Stretch - LIB 11:15 Music w/ Jerry Roman- AL 2:00 Daily Word and Sunday Hymns† 3:00 Weekend Matinee - AH 4:00 One on One Visits - AF	5 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Chair Dancing Exercise 10:30 Today in History - AH 11:00 Jazz with Quentin Walston - AL 2:00 Balloon Badminton -AH 3:00 Cinco De Mayo Celebration - AH 4:30 Mail Delivery -AF 6:00 Evening Movie- AH	6 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Aerobics 10:30 Famous Quotes - AH 11:00 Garden Club with Mr. O'Hara 2:00 Bingo 3:00 Popcorn Social AH 4:30 Mail Delivery -AF	7 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Chair Dancing Exercise 10:30 Safety Talk w/ Mr. Donnell - AH 11:00 Chair Yoga w/ Tiffaney 2:30 Resident Council Meeting 3:00 Categories A-Z AH 3:30 One on One Visits - AF 4:30 Mail Delivery -AF	8 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Aerobics 10:30 Red Cross Trivia & Facts - AH 11:00 Walking Club 1:30 Mother's Day Tea w/ Live Entertainment - CY 3:00 Happy Hour w/ Pearview Mirror 4:30 Mail Delivery -AF 6:00 Evening Movie- AH	9 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Cardio Class - AR (LL) 10:30 Arts in Education 11:15 Music with Jerry Roman 1:30 Outing Trip Seafood Restaurant - C 2:00 Who am I? - AH 2:45 Catholic Communion† 3:30 Happy Hour Karaoke Party- AH 4:30 Mail Delivery -AF	10 9:30 Daily Chronicles & Morning Greetings - AF 11:00 Upbeat Chair Exercise - AH 11:30 Technology Class 101 w/ Summer & Alexis 2:00 Bingo - AH 3:00 Lemonade, Cookies & Sunshine CY 4:00 Mail Delivery -AF
11 Happy Mother's Day 10:30 Daily Chronicles & Morning Greetings - AF 11:00 Sunday Stretch - LIB 11:30 Daily Word and Sunday Hymns† 2:30 Praise and Worship with Shaq Buck 3:30 One on One Mother's Day Card & Flower Delivery - AF	12 National Skilled Nursing Care Week 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Chair Dancing Exercise - AH 10:30 Trivia & Horoscopes 11:00 You be the Judge - AH 2:00 Balloon Badminton -AH 2:00 Sit & Chat One on One Visits w/ Mrs. Crystal- AF 4:30 Mail Delivery -AF 6:00 Evening Movie	13 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Yoga Chair Exercise- AH 10:30 Tuesday Trivia 11:00 Garden Club with Mr. O'Hara 2:00 Bingo 3:00 Creative Writing Club w/ Tina 3:00 Ice Cream Social 4:30 Mail Delivery -AF	14 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Famous Inventors- AH 10:30 Spring Word Tower - AH 11:00 Chair Yoga w/ Tiffaney 1:30 Scenic Ride- Sights of DC 2:00 Monica's Creations - AH 3:00 Wii- Bowling - AH 4:30 Mail Delivery -AF	15 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Zumba Chair Exercise- AH 10:30 Fact or Fiction - AH 11:00 Walking Club 2:00 Bingo 3:00 Cooking Demo w/ Chef Gerald- AH 4:30 Mail Delivery -AF 6:00 Evening Movie- AH	16 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Cardio Class - AR (LL) 10:30 Arts in Education 1:30 Shopping Trip - Target 1:45 Forest Hills Choir w/Vicki Merlo 2:45 Catholic Communion† 3:00 National Pizza Day Party - AH 4:30 Mail Delivery -AF	17 9:30 Daily Chronicles & Morning Greetings - AF 11:00 Move 2 Music - AH 11:30 Armchair Travel - LIB 2:00 Bingo - AH 3:00 Popcorn Social 4:00 Mail Delivery -AF
18 9:30 Daily Chronicles & Morning Greetings - AF 11:00 Sunday Stretch - LIB 11:30 TED Talks - AH 2:00 Daily Word and Sunday Hymns† 3:00 Weekend Matinee - AH 4:00 Manicure Cart One on One Visits - AF	19 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Tai Chi Exercise - AH 10:30 Talk Back w/ Vicky Parker - AH 11:00 Wheel of Fortune - AH 2:00 Balloon Badminton -AH 3:00 Jeopardy - AH 4:30 Mail Delivery -AF 6:00 Evening Movie- AH	20 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Aerobics 10:30 Famous Quotes - AH 11:00 Garden Club with Mr. O'Hara 2:00 Bingo 3:00 Fruit Smoothie Social AH 4:30 Mail Delivery -AF	21 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Current Events- AH 10:30 Who am I? - AH 11:00 Chair Yoga w/ Tiffaney 1:30 Scenic Ride- Sights of DC 2:00 Wii- Baseball - AH 3:00 Creative Writing Club w/ Tina 3:30 Categories A-Z 4:30 Mail Delivery -AF	22 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Aerobics 10:30 Today in History - AH 11:00 Walking Club 2:00 Bingo 3:00 Name That Tune 4:30 Mail Delivery -AF 6:00 Evening Movie- AH	23 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Cardio Class - AR (LL) 10:30 Arts in Education 2:00 Memorial Day Cookout w/ Live Entertainment - CY 2:45 Catholic Communion† 4:30 Mail Delivery -AF	24 9:30 Daily Chronicles & Morning Greetings - AF 11:00 Upbeat Chair Exercise - AH 11:30 Armchair Travel - LIB 2:00 Bingo - AH 3:00 Ice Cream Social 4:00 Mail Delivery -AF
25 9:30 Daily Chronicles & Morning Greetings - AF 11:00 Sunday Stretch - LIB 11:30 TED Talks - AH 2:00 Daily Word and Sunday Hymns† 2:30 Praise and Worship with Shaq Buck 3:30 One on One Visits - AF	26 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Upbeat Chair Exercise - AH 10:30 Memorial Day Trivia 2:00 Balloon Badminton -AH 3:00 Memorial Day Live Entertainment - AL 4:30 Mail Delivery -AF	27 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Yoga Chair Exercise- AH 10:30 Name that Tune - AH 11:00 Garden Club with Mr. O'Hara 2:00 Bingo 3:00 Ice Cream Social 4:30 Mail Delivery -AF	28 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Top Stories of the Week - AH 10:30 Word Games - AH 11:00 Chair Yoga w/ Tiffaney 11:00 Strudel Visits w/ Tina - AF 2:00 Rehab Discussion w/ Frankie - AH 3:00 Monica's Creations - AH 4:30 Mail Delivery -AF	29 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Zumba Chair Exercise - AH 10:30 Trivia Madness AH 11:00 Walking Club 2:00 Bingo 2:30 Puzzle Time w/ Mrs. Rita (LIB) 3:00 Be Well w/ Ganiat - AH 4:30 Mail Delivery -AF 6:00 Evening Movie- AH	30 9:30 Daily Chronicles & Morning Greetings - AF 10:00 Cardio Class - AR (LL) 10:30 Arts in Education 1:30 Outing Trip - AMC Movie Theater - C 1:45 Forest Hills Choir w/Vicki Merlo 2:45 Catholic Communion† 3:00 Manicure Cart One on Ones - AF 3:15 Last Friday's Birthday Bash w/ Bruce - AL 4:30 Mail Delivery -AF	31 9:30 Daily Chronicles & Morning Greetings - AF 11:00 Move 2 Music - AH 11:30 Armchair Travel - LIB 2:00 Bingo - AH 3:00 Lemonade, Cookies & Sunshine CY 4:00 Mail Delivery -AF