| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|--|---|---|--|--|---|--|
|  | Octobe  | er 2025   | 9:30am- Morning Social<br>1030am-1970's Music<br>11:00am - Chair Yoga w/Tiffany<br>2:30pm- Resident Council<br>3:00pm - Tv Series<br>4:30pm-Mail Delivery  | 9:30am-Morning Social 10:30am- Aerobic 11:00am-Painting 1:00pm- Praise & Worship w/ Shaq 2:00pm-Bingo 3:00pm- Happy Hour 4:30pm -Mail Delivery   | 9:30am- Morning Social 10:30am-Cardio Class 11:30am- Music Social 2:00pm-Table Games 2:45pm-Catholic Communion 3:00pm- Friday New Movie w/ Popcorn 4:30pm- Mail Delivery                                    | 10:00 am - Morning Social 4<br>10:30am- Upbeat Chair Exercise<br>2:00 pm- BINGO<br>3:00pm- Popcorn Social<br>3:30- Day time tv<br>4:30pm- Package Delivery |
| 9:30am-Morning Social<br>10:30am- Gospel Music<br>11:00am-Sunday Stretch<br>2:30pm- Praise & Worship w/<br>Shaq<br>3:00pm- Room Visits<br>4:00pm- Relaxation Hour                  | 9:30 am- Morning Social 10:30 am-Tai Chi Exercise 11:00 am- Jazz w/ Quentin W 1:00 pm - Game Table 2:00pm -Balloon Badminton 3:00pm -Happy Hour 4:30pm- Mail Delivery   | 9:30 am- Morning Social 10:30 am-Yoga Chair Exercise 10:30-Fact or Fiction 11:00 am-Garden club w/ Mr. O'Hara 1:30 pm -Writing Club w/ Tina 2:00pm - Hand paraffin 3:00pm -Bingo 4:30pm- Mail Delivery      | 9:30 am- Morning Social 8<br>10:30 am-Trivia Madness<br>11:00 am-Chair Yoga w/Tiffany<br>1:00 pm - Who am i<br>2:00pm -Game day<br>3:00pm - Tv Series<br>4:30pm- Mail Delivery                         | 9:30 am- Morning Social<br>10:30 am-Chair Aerobic<br>11:00 am-Trivia Madness<br>1:00 pmBus Trip- Mall<br>2:00pm -Bingo<br>3:00pm -Happy Hour<br>4:30pm- Mail Delivery                                      | 9:30am- Morning Social<br>10:30- Cardio class<br>11:00am-Mens Club<br>11:00am- Women Club<br>2:45pm-Catholic Communion<br>3:00pm- Friday New Movie<br>4:30pm- Mail Delivery                                 | 10:00 am - Morning Social 11 10:30 am- Move 2 Music 2:00 pm- BINGO 3:00pm-Ice cream Social 3:30- Day time tv 4:30pm- Package Delivery                      |
| 9:30am-Morning Social 11:00am- Gospel Music 11:30am-Sunday Stretch 2:30pm-Daily Word w/ Ms. Barbara 3:00pm- Room Visits/Manicure cart 4:00pm- Relaxation Hour                      | 9:30 am- Morning Social<br>10:30 am- Chair Dancing<br>Exercise<br>10:30 am- Trivia & Word Game<br>1:00 pm - Game Table<br>2:00pm -Balloon Badminton<br>3:00pm -Happy Hour<br>4:30pm- Mail Delivery            | 9:30 am- Morning Social 14:10:30am-Aerobic 11:00 am-Garden Club w/ Mr. O'Hara 1:30 pm - Writing Club w/ Tina 2:30pm-Cooking Class w/Don 3:30pm -Bingo 4:30pm- Mail Delivery                                 | 9:30 am- Morning Social 10:30 am- Trivia Madness 11:00 am-Chair Yoga w/Tiffany 1:00 pm - Who Invented? 2:00pm -Wine Tasting 3:00pm -Tv Series 4:30pm- Mail Delivery                                    | 9:30 am- Morning Social<br>10:30 am-Chair Aerobic<br>11:00 am Ladder Ball<br>1:00 pm -Book Club<br>2:00pm -Get to know the social<br>worker"-Bec<br>2:30pmHappy Hour<br>4:30pm- Mail Delivery              | 9:30am- Morning Social 10:30am-Cardio Class 11:00am- Music Social 2:00pm-Table Games 2:45pm-Catholic Communion 3:00om- Shabbat Service with Rabbi 3:30pm- Friday New Movie w/ Popcorn 4:30pm- Mail Delivery | 10:00 am - Morning Social<br>10:30 am- Move 2 Music<br>2:00 pm- BINGO<br>3:00pm- Popcorn Social<br>3:30- Day time tv<br>4:30pm- Package Delivery           |
| 9:30am-Gospel Music 11:00am-Sunday Stretch 11:30am-Ted Talks 2:30pm-Daily Word & Sunday hymns 3:00pm- Room Visits/Manicure cart 3:30pm- Relaxation Hour                            | 9:30 am- Morning Social 10:00 am- Chair Dancing Exercise 10:30 am-Talk Back w/Vicky Parker 1:00 pm - Game Table 2:00pm -Balloon Badminton 3:00pm -Happy Hour 4:30pm- Mail Delivery                            | 9:30 am- Morning Social 21<br>10:30 am-Yoga Chair Exercise<br>11:00 am-Garden club w/ Mr.<br>O'Hara<br>1:00 pm - You Be The Judge<br>2:00pm -Bingo<br>3:00pm - Nacho Cheese Social<br>4:30pm- Mail Delivery | 9:30 am- Morning Social 22<br>10:30 am-Aerobic 11:00 am-Chair Yoga w/Tiffany<br>1:00 pmWii Games<br>2:00pm -Monica's Creations<br>3:00pm -Tv Series<br>4:30pm- Mail Delivery                           | 9:30 am- Morning Social<br>10:30 am-Chair Aerobic<br>11:00 am-Top stories of the<br>week<br>1:00 pmBus Trip- Walmart<br>2:00pm -Bingo<br>3:00pmHappy Hour<br>4:30pm- Mail Delivery                         | 9:30am- Morning Social 10:30am-Cardio Class 11:00am- Music Social 1:00pm-Praise & Worship w/ Shaq 2:45pm-Catholic Communion 3:00pm- Friday New Movie w/ Popcorn 4:30pm- Mail Delivery                       | 10:00 am - Morning Social 25 10:30 am- Upbeat Chair Exercise 2:00 pm- BINGO 3:00pm-Ice cream Social 3:30- Day time tv 4:30pm- Package Delivery             |
| 9:30am-Gospel Music<br>11:00am-Sunday Stretch<br>11:30am-Ted Talks<br>2:00pm-Daily Word & Devotions<br>2:30pm- Praise & Worship w/<br>Shaq<br>3:30pm- Room Visits/Manicure<br>cart | 9:30 am- Morning Social<br>10:30 am- Chair Dancing<br>Exercise<br>10:30 am- Trivia & Word Game<br>1:00 pm - Sit & Talk w/ Crystal<br>2:00pm -Balloon Badminton<br>3:00pm -Happy Hour<br>4:30pm- Mail Delivery | 9:30 am- Morning Social 10:30 am-Aerobic 11:00 am-Garden club w/ Mr. O'Hara 1:00 pm - SNP Alliance Decorate Pumpkins w/Tina 3:00pm -Bingo 4:30pm- Mail Delivery   | 9:30 am- Morning Social 29<br>10:30 am-You Be The Judges<br>11:00 am-Chair Yoga w/Tiffany<br>1:00 pm - Rehab Discussion<br>w/Fran<br>2:00pm - Sip & Paint<br>3:00pm Tv Series<br>4:30pm- Mail Delivery | 9:30 am- Morning Social<br>10:30 am-Chair Aerobic<br>11:00 am-Famous Quotes<br>1:00 pm - Praise & Worship w/<br>Shaq<br>2:00pm -Bingo<br>3:00pm -Happy Hour<br>4:30pm- Mail Delivery<br>6:00pm Night Movie | Halloween Party   |  |