




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>FELIZ NAVIDAD 圣诞快乐</div><div>MELE KALIKIMAKA</div><div>Joy 메리 크리스마스</div><div>Seasons Greetings</div><div>メリークリスマス FROHE WEIHNACHTEN</div><div>Joyeux Noël</div><div>Buon Natale</div><div>Peace</div></div>	10:00am- Morning Social 1 10:30am-MorningStretch 11:00am- Jazz History W/ Quentin 2:00pm- Balloon Badminton 3:00pm- Happy Hour 4:30pm- Mail Delivery Christmas Eve Social	10:00am- Morning Social 2 10:30am- Chair Aerobics 11:00am-Garden Club W/ Mr. Ohara 2:00pm- Bingo 3:00pm-Nail Spa 4:30pm- Mail Delivery	10:00am- Morning Social 3 10:30am-Trivia Time 11:00am- Yoga W/ Tiffany 2:30pm- Resident Council 4:30pm- Mail Delivery	10:00am- Morning Social 4 10:30am-Chair Exercise 11:00am- "American Revolution" by Ken Burns 2:00pm- Bingo 3:00pm- Happy Hour 4:30pm- Mail Delivery 6:00pm-Evening Movie	10:00am- Morning Social 5 10:30am-Cardio Class 2:00pm- Shopping Trip (Walmart) 2:30pm-Forest Hills Choir 2:45pm- Communion Service 3:00pm- Friday Movie 4:30pm- Mail Delivery	10:00am- Morning Social 6 10:30am-Morning Stretch 11:00am- Arm Chair Travel 2:00pm- Bingo 3:00pm- Ice Cream Social 4:30pm- Package Delivery
10:00am- Morning Social 7 10:30am-Sunday Stretch 11:15am- Sunday Hymns W/ Jerry Roman 2:00pm- Daily words & Gospel 3:00pm- Room Visits 4:30pm- Package Delivery	10:00am- Morning Social 8 10:30am-Today in History 11:00am- Walking Club 1:30pm- Book Club W/ Vicky Parker 2:00pm- Balloon Badminton 3:00pm- Happy Hour 4:30pm- Mail Delivery	10:00am- Morning Social 9 10:30am-Chair Aerobics 11:00am- Garden Club W/ Mr. Ohara 2:00pm- Bingo 3:00pm- Charcutari boards W/ Gerald 4:30pm- Mail Delivery 6:00pm- Evening Movie	10:00am- Morning Social10 10:00am-Chair Exercise 10:30am-Christmas Ornament Decorating W/ Gonzaga & Tina 2:00pm-Monicas Creations 3:00pm- Christmas Cookie Social	10:00am- Morning Social11 10:30am-Morning Stretch 11:00am- Bean Bag toss 1:30pm- 1 on 1 Visits W/ Crystal 2:00pm- Bingo 3:00pm- Happy Hour 4:30pm- Mail Delivery	10:00am- Morning Social12 10:30am- Cardio Class 11:00am- Paino Tunes W/ Jerry Roman 1:45pm- Forest Hills Choir 2:30pm-Communion Service 3:00pm Men's Club	10:00am- Morning Social13 10:30am-Morning Stretch 11:00am- Ted Talks 2:00pm- Bingo 3:00pm- Popcorn Social 4:30pm- Package Delivery
10:00am-Morning Social 14 11:00am-Sunday Stretch 1:00pm- St Albany Carolers 2:00pm- Daily Word & Devotions 3:00pm- Room Visits 4:30pm- Package Delivery	10:00am- Morning Social15 10:30am- Talk Back W/ Vicky Parker 11:00am- Chair Exercise 2:00pm- Balloon Badminton 3:00pm- Happy Hour 4:30pm- Mail Delivery	10:00am- Morning Social16 10:30am- Chair Aerobics 11:00am- Garden Club W/ Mr. Ohara 2:00pm- Yoga W/ Tina 3:00pm- Bingo 4:30pm- Mail Delivery	10:00am- Morning Social17 10:30am-Trivia Time 11:00am- Yoga W/ Tiffany 2:00pm- Wine Tasting 3:00pm- Paint & Sip 4:30pm- Mail Delivery	10:00am- Morning Social 18 10:30am-Morning Aerobics 11:00am- Painting 12:00pm- Bus Trip (Maggiano's) 2:00pm- Bingo 3:00pm- Happy Hour 4:30pm- Mail Delivery 6:00pm- Walking Club	10:00am- Morning Social19 10:30am-Chair Zumba 2:45pm- Communion Service 3:00pm- Christmas Party W/ Bruce 4:30pm- Mail Delivery	10:00am- Morning Social20 10:30am-Morning Stretch 11:00am- Card Games 2:00pm- Bingo 3:00pm- Ice Cream Social 4:30pm- Package Delivery
10:00am- Morning Social 21 11:00pm-Sunday Stretch 2:00pm- Daily Word & Devotions 3:00pm- Room Visits 4:30pm- Package Delivery	10:00am- Morning Social22 10:30am- Today in History 11:00am- Walking Club 1:30pm- Puzzle Time W/ Rita 2:00pm- Balloon Badminton 3:00pm- Happy Hour 4:30pm- Mail Delivery	10:00am- Morning Social23 10:30am-Morning Stretch 11:00am- Garden Club W/ Mr. Ohara 2:00pm- Bingo 3:00pm- Game time 4:30pm- Mail Delivery 6:00pm-Walking Club	10:00am- Morning Social24 10:30am- What's in the News? (Current Events) 11:00am- Yoga W/ Tiffany 1:30pm- Rehab Fun W/ Frankie 2:00pm- Table Games 4:30pm- Mail Delivery	10:00am- Morning Social25 10:30am-Morning Aerobics 11:00am- Today in History 2:00pm- Bingo Merry Christmas	10:00am- Morning Social26 10:30am- Chair Zumba 11:00am- Art History 2:45pm- Communion Service 3:00pm- Women's club 3:00pm- Friday Movie	10:00am-Morning Social 27 10:30am-Morning Stretch 11:00am- Move 2 Music 2:00pm- Bingo 3:00pm- Smoothie Social 4:30pm- Package Delivery
10:00am- Morning Social28 11:00am-Morning Stretch 11:30am- TED Talks 2:00pm- Daily Word & Devotions 3:00pm- Room Visits 4:30pm- Package Delivery	10:00am- Morning Social 29 10:30am-Morning Stretch 11:00am- Jeopardy 2:00pm- Balloon Badminton 3:00pm- Happy Hour 4:30pm- Mail Delivery	10:00am- Morning Social30 10:30am-Morning Stretch 11:00am- Garden Club W/ Mr. Ohara 2:00pm- Bingo 3:00pm- Wheel of Fortune 4:30pm- Mail Delivery 6:00pm-Evening Movie	10:00am- Morning Social31 10:30am- Trivia Time 11:00am- Yoga W/ Tiffany 2:00pm- New Year's Eve Social 4:30pm- Mail Delivery	<div><div></div><div></div><div>December</div><div></div></div>		