

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00am Morning Social 10:30am April Trivia 11:00am Yoga W/ Tiffany 2:00pm Ice Breakers 3:00pm Stronger Memory W/ Goodwin Living 4:30pm Mail Delivery All Fools' Day Passover Begins	10:00am Morning Social 10:30am Morning Lift 2:00pm Bingo 2:00pm Audio Book Club (LIB) 3:00pm Happy Hour 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Aerobics 11:00am Good Friday Service W/ AP Vincent Oliver from True Foundations Apostolic Ministry 1:45pm Foresthill's Choir W/ Vicky Merlo 3:00pm Movie Matinee 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Exercise 11:00am Easter egg Crafts 2:00pm Bingo 3:00pm Sunshine & Tea Social 4:00pm 1 on 1 visits 4:30pm Package Delivery
10:00am Morning Social 10:30am Morning Stretch 11:15am Hymns W/ Jerry Roman 2:00pm Easter Service 3:00pm Ice Cream Social 4:00pm 1 on 1 visits 4:30pm Package Delivery Easter Sunday	10:00am Morning Social 10:30am Current Events 11:00am Jazz Piano W/ Quentin Walston 1:30pm Movement W/ Maggie 2:00pm Easter Egg Scavenger Hunt & Cookie Decorating 3:00pm Happy Hour 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Cardio 11:00am Garden Club W/ Mr. Ohara 2:00pm Bingo 3:00pm Coffee Cake & Conversations 4:30pm Mail Delivery	10:00am Morning Social 10:30am Word Games 11:00am Yoga W/ Tiffany 2:00pm Tech Questions W/ Miles 3:00pm Scrap Booking 4:30pm Mail Delivery 5:30pm Eduardo & his Guitar	10:00am Morning Social 10:30AM Morning Lift 11:00am Easter Rice Dye 2:00pm Bingo 2:00pm Audio Book Club (LIB) 3:00pm Happy Hour w/ Rearview Mirror 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Aerobics 11:00am Piano Tunes W/ Jerry Roman 1:00pm Bus Trip (TBD) 2:00pm Balloon Laser ball 2:45pm communion Service 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Exercise 11:00am Card Games 2:00pm Bingo 3:00pm Chips & Dip Social 4:00pm 1 on 1 visits 4:30pm Package Delivery
10:00am Morning Social 10:30am Morning Stretch 11:00am Armchair Travel (China) 2:00pm Daily Word W/ Mason 3:00pm Popcorn Social 4:00pm 1 on 1 visits 4:30pm Package Delivery	10:00am Morning Social 10:30am Discussion Group 1:30pm Movement W/ Maggie 2:00pm Balloon Badminton 3:00pm Happy Hour 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Cardio 11:00am Garden Club W/ Mr. Ohara 2:00pm Bingo 3:00pm Sing Along Social 4:30pm Mail Delivery	10:00am Morning Social 10:30am Bird watching (Garden) 11:00am Yoga W/ Tiffany 2:00pm Name That Tune (60's Hits) 3:00pm Jeopardy 4:30pm Mail Delivery	10:00am Morning Social 10:30am Morning Lift 2:00pm Bingo 2:00pm Audio Book Club (LIB) 3:00pm Happy Hour 4:30pm Mail Delivery 6:00pm Walking Club	10:00am Morning Social 10:30am Chair Aerobics 11:00am Art History 1:30pm Earth Day Creations 2:45pm communion Service 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Exercise 11:00am Trip Down Memory Lane 2:00pm Movie Matinee 4:00pm 1 on 1 visits 4:30pm Package Delivery
10:00am Morning Social 10:30am Morning Stretch 11:00am Tabletop Games 2:00pm Daily Word W/ Mason 3:00pm Nail Spa 4:00pm 1 on 1 visits 4:30pm Package Delivery	10:00am Morning Social 10:30am Spring Crafts 1:30pm Movement W/ Maggie 2:00pm Balloon Badminton 3:00pm Happy Hour 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Cardio 11:00am Garden Club W/ Mr. Ohara 2:00pm Bingo 3:00pm Writing Exercises 4:30pm Mail Delivery	10:00am Morning Social 10:30am Earth Day Trivia 11:00am Yoga W/ Tiffany 2:00pm Clay Crafts 3:00pm Lets Plant Together 4:30pm Mail Delivery Earth Day Administrative Professionals Day	10:00am Morning Social 10:30am Morning Lift 11:00am Hallway hockey 2:00pm Laser Ball W/ Cherylene 2:00pm Audio Book Club (LIB) 3:00pm Happy Hour 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Aerobics 1:45pm Foresthill's Choir w/ Vicky Merlo 2:45pm Communion Service 3:15pm Last Fridays W/ Bruce Thomas 4:30pm Mail Delivery Arbor Day	10:00am Morning Social 10:30am Chair Exercise 2:00pm Bingo W/ Howard University Nursing Club 3:00pm Snack time Social 4:00pm 1 on 1 visits 4:30pm Package Delivery
10:00am Morning Social 10:30am Morning Stretch 11:00 Ted talk (Health & Fitness) 2:00pm Daily Word W/ Mason 3:00pm Movie Matinee 4:00pm 1 on 1 visits 4:30pm Package Delivery	10:00am Morning Social 10:30am Morning Movement 11:00am Paint & Sip 2:00pm Balloon Badminton 3:00pm Happy Hour 4:30pm Mail Delivery	10:00am Morning Social 10:30am Chair Cardio 11:00am Garden Club W/ Mr. Ohara 2:00pm Bingo 3:00pm Monicas Creations 4:30pm Mail Delivery	10:00am Morning Social 10:30am Spin the Wheel 11:00am Yoga W/ Tiffany 2:00pm Julias Heart Musical Therapy 3:00pm Memory Games 4:30pm Mail Delivery	10:00am Morning Social 10:30AM Morning Lift 2:00pm Bingo 2:00pm Audio Book Club (LIB) 3:00pm Happy Hour 4:30pm Mail Delivery 6:00pm Waling Club		