



May 2026

<p>10:00am News & Views with Asis 10:30am Motion & Movement 11:15am Morning Praise & Worship Tunes with Jerry Roman - AH 2:00pm Get moving with the power Steppers walking Club 2:30pm 3D Mandalas & Meditation 3:00pm Slice Fruit Social 7:00pm Sit, Chat & Relax</p>	<p>10:00am Morning Gather & Laughter 10:30am Morning Moves to Motown with Cristy 11:00am Jazz History w- Quinton- AH 2:00pm Word Scramble 2:30pm Junk Drawer Detective 3:30pm Juicy orange juice Social 6:00pm Sit, Chat & Reminisce with Staff</p>	<p>10:00am Morning Gather & Laughter 10:30am Morning Moves to Motown with Cristy 11:00am How does my Garden Grow with Cristy (Garden Area) 2:00pm Bucket Toss 2:30pm Jokes, Giggles & Riddles 3:00pm Cinco de Mayo Celebration- AH 6:00pm Sit, Chat & Reminisce with Staff</p> <p style="text-align: center;">Cinco de Mayo </p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Julias Heart Musical Therapy 2:00pm Coupon Clippings & savings 2:30pm Balloon basket Tic Tac Toe 3:00pm Springtime Time Social 7:00pm Evening Movie</p> <p style="text-align: center;"></p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Multi- Sensory Stations 12:00pm Clutching My pearls, Mother's Day Brunch (Garden area) 3:00pm Happy Hour Time - AH</p> <p style="text-align: center;"></p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Music with Jerry Roman 1:45pm Forest Hills Choir with Vicky Merlo - Lobby 2:00pm Balloon Laser ball w- Charlene - AH 3:00pm Small Bites Social - AH</p> <p style="text-align: center;">May Day</p>	<p>10:00am Morning News & Views 10:30am Forest side Way Walking Club 11:00am May Day Crafts with Asis 2:00pm Bowling & Laughter with friends 2:30pm Puzzles & Games 3:00pm Remember When Social & snacks 7:00pm Evening Movie with friends</p>
<p>10:00am Morning Gather & Laughter 10:30am Movement to Motown 11:15am Morning Puzzles & Pieces 1:00pm Mother's Day Roses in the Lobby 2:00pm Tabletop Games & Puzzles with friends 2:30pm I Always Love My Momma Social</p> <p style="text-align: center;">Mother's Day  National Skilled Nursing Care Week</p>	<p><i>*Wear your favorite flower Shirt</i> 10:00am Morning Gather & Laughter 10:30am Morning Moves to Motown with Cristy 11:00am How does my Garden Grow with Cristy (Garden Area) 2:00pm Plant your own seed (garden) 2:30pm Junk Drawer Detective 3:30pm Juicy orange juice Social 6:00pm Sit, Chat & Reminisce with Staff</p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Art Time w- Cristy 1:00pm Piano Tunes w- Shaq - Lobby 2:00pm tabletop puzzles & games 3:00pm Make your own Sachet in the garden area 3:15pm Springtime Social 6:00pm Sit, Chat & Relax</p> <p style="text-align: center;"></p>	<p><i>*Match with your Twin for Twin Day</i> 10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Scenic Ride around Town 2:00pm How does my Garden Grow 3:00PM Creative Corner with Cristy 5:30pm Eduardo & his singin guitar- AH</p> <p style="text-align: center;"></p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Multi- Sensory Stations *11am - 1pm Smoothie Time 2:00pm Armchair Travel 2:30pm Match em Up Game 3:15pm Springtime Social 6:00pm Sit, Chat & Relax</p> <p style="text-align: center;"></p>	<p>10:00am News & Views with Asis 10:30am Motion & Movement 11:00am Match & Sort Puzzles Time 1pm - 3:30pm LUAU Barbeque (garden Area) 7:00pm Sit, Chat & Relax</p> <p style="text-align: center;"></p>	<p>10:00am Morning News & Views with Asis 10:30am Celebrating our Military making cards, w- Asis 2:00pm Classic Movie Matinee 2:30pm Classic Movie Trivia 3:00pm Pizza Party Social -AH 7:00pm Wild About Westerns</p> <p style="text-align: center;">Armed Forces Day </p>
<p>10:00am News & Views with Asis 10:30am Motion & Movement 11:00am Match & Sort Puzzles Time 1:30pm Piano playing w/ Mathew-Lobby 2:30pm 3D Mandalas & Meditation 3:00pm Happy Hydration Social 7:00pm Sit, Chat & Relax</p>	<p>10:00am Morning Gather & Laughter 10:30am Morning Moves to Motown with Cristy 11:00am How does my Garden Grow with Cristy (Garden Area) 2:00pm Word Scramble 2:30pm Junk Drawer Detective 3:30pm Karaoke Party Social 6:00pm Sit, Chat & Reminisce with Staff</p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Art Time w- Cristy 1:00pm Piano Tunes w- Shaq - Lobby 2:00pm Scenic Ride around Town 3:00pm The Rat Pack Snack & Social 6:00pm Meet & Greet Brian Schwalb 7:00pm National Geographic Explorers</p>	<p>10:00am News & Views with Cristy 10:30am Motion & Movement 11:00am Match & Sort Puzzles Time 2:00pm Get moving with the power Steppers walking Club 2:30pm Newspaper Art w- Cristy 3:00pm Apple Pie Social 7:00pm Sit, Chat & Relax</p>	<p>10:00am Morning News & Views with Cristy 10:30am Forest side Way Walking Club 11:00am Balloon Laser ball - AH 2:00pm Montessori Stations, Mailing & labeling with Cristy 2:30pm Jewelry Making w- Cristy 3:00pm 3 ingredient strawberry shortcake Social -AH</p> <p style="text-align: center;"></p>	<p>10:00am News & Views with Asis 10:30am Motion & Movement 11:00am Julias Heart Music Therapy - AH 2:00pm Get moving with the power Steppers walking Club 2:30pm 3D Mandalas & Meditation 3:00pm Slice Fruit Social 7:00pm Sit, Chat & Relax</p>	<p>10:00am Morning News & Views with Asis 10:30am Forest side Way Walking Club 11:00am Craft time w- Asis - AH 2:00pm Montessori Stations, Mailing & labeling with Asis 2:30pm Jewelry Making w- Asis 3:00pm Jokes, Riddles & Giggles Social 7:00pm Wild About Westerns</p>
<p>10:00am News & Views with Asis 10:30am Motion & Movement 11:00am Let's Explore the Garden 2:00pm Get moving with the power Steppers walking Club 2:30pm Scavenger Hunt Time 3:00pm Lemonade Social 7:00pm Sit, Chat & Relax</p>	<p>10:00am Morning Gather & Laughter 10:30am Morning Moves to Motown with Cristy 11:00am How does my Garden Grow with Cristy (Garden Area) 2:00pm Memorial Day Celebration 3:30pm Honoring those who serve & Hydration - AH 6:00pm Sit, Chat & Reminisce with Staff</p> <p style="text-align: center;"></p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Art Time w- Cristy 1:00pm Piano Tunes w- Shaq - Lobby 2:00pm Let's Explore the Garden 2:30pm Badminton Volleyball & Hydration - AH 3:30pm Fun with Musicals Social 7:00pm Reminisce & Reflect with Staff</p>	<p>10:00am Morning News & Views with Cristy 10:30am Forest side Way Walking Club 11:00am Balloon Volleyball -AH 2:00pm Montessori Stations, Sorting & arranging with Cristy 2:30pm Musical Tunes & Art 3:00pm Grape popsicle Social 7:00pm National Geographic Explorers</p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am How does my Garden Grow with Cristy (Garden Area) 2:00pm Blooming Flower, Creative Corner w-Cristy 2:30pm Word Slam Puzzles 3:00pm Small bites Social 5:30pm Piano playing w- Mathew</p> <p style="text-align: center;"></p>	<p>10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am How does my Garden Grow with Cristy (Garden Area) 2:00pm Handprint Butterflies 2:30pm Spa & Manicure Time 3:00pm Monthly Birthday Celebration with Bruce -Lobby</p>	<p>10:00am Morning News & Views 10:30am Forest side Way Walking Club 11:00am Let's Explore the Garden Art 2:00pm Bowling & Laughter with friends 2:30pm Puzzles & Games 3:00pm Jukebox Selection Social with Friends - AH 7:00pm Evening Movie with friends</p>
<p>10:00am Morning Gather & Laughter 10:30am Movement to Motown 11:15am Morning Praise & Worship Tunes *Spirituals - AH 2:00pm Let's Explore the Garden 2:30pm Badminton Volleyball & Hydration - AH 3:30pm Fun with Musicals Social 7:00pm Reminsce & Reflect with Staff</p>	<p><i>* All Activities are subject to change</i></p> <p>Community Events</p> <p>5/7- Mothers's Day Brunch (Garden area)</p> <p>5/6 -5/12 * (The Power of Nurses) National Nurses Week 2026</p> <p>5/10 - 5/16 *(Moments in Bloom) National Skilled Nursing Home Week</p> <p>5/19 Meet & Greet Brian Schwalb DC Attorney General 6p-7p</p> <p style="text-align: center;"></p>					