

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Creative Paintings w- Dasha - AH</b> 2:00pm <b>Weekly walk to Politics and Pros with Tay</b> 2:00pm <b>Balloon Badminton - AH</b> 3:00pm <b>The MAN "iactal" Game- AH</b> 3:30pm, I Love Music Happy Hour 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:00am <b>Beauty &amp; Barber Time w/MeMe</b> 10:30am Morning Greeting &amp; Topics -HC 11:00am - <b>Meet &amp; greet with Hope Solomon (Mayoral Candidate) AH</b> 2:00pm <b>Bird Watching in the Garden</b> 2:00pm BINGO Bonanza - AH 2:30pm Axe Throwing - AH 3:00pm Bird watching Social – garden 4:30pm Mail Delivery</p>	<p>10:00am Morning Topics &amp; Topics 10:30am Morning Greetings &amp; Topics 11:00am <b>Board of Elections- Lib</b> 11:00am <b>Yoga with Tiffany - AH</b> 2:00pm <b>Resident Council Meeting -</b> 2:30pm <b>Cranium Conundrum -AH</b> 3:00pm <b>Julias Heart, Musical Therapy - AH</b> 3:30pm <b>Small Bites Social -AH</b> 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia - 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Power lift with Miles - AH</b> 2:00pm <b>Coin Bingo- AH</b> 2:00pm <b>Audio Book Club- Library</b> 3:00pm <b>Springtime Happy Hour - AH</b> 3:30pm June Fun facts &amp; Trivia - AH 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - H 11:00am <b>Creative Paintings w- Dasha</b> 1:45pm <b>Forest Hills Choir with Vicky- AH</b> 2:00pm <b>Corn hole fun for everyone</b> 2:00pm <b>Communion w/ Blessed Sacred</b> 2:30pm <b>Fishbowl Charades - AH</b> 3:30pm <b>Ice Cream Social - AH</b> 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>ZUMBA Fitness with Laurie - AH</b> 2:00pm <b>Bingo Fun with Friends - AH</b> 3:00pm Let's Explorer the Garden 3:30pm <b>Doughnut Social - AH</b> 4:30pm Mail Delivery</p>
<p>10:00am Morning Greetings &amp; Gather- AH 10:30am Spiritual Connections &amp; Reflections- HC 11:15am <b>Morning Praise &amp; Worship Tunes with Jerry Roman - AH</b> 2:00pm <b>Jewelry Making with Asis - AH</b> 2:30pm Board games &amp; Table top Puzzles 3:00pm All things Spring Social -AH 4:30pm Mail Delivery-</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Creative Paintings with Dasha - AH</b> 2:00pm <b>Monday Matinee and Refreshments with Friends - AH</b> 3:00pm <b>Movies with boats Trivia Hour</b> 3:30pm Bon voyage Happy Hour 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:00am <b>Beauty &amp; Barber Time w/MeMe</b> 10:30am Morning Greeting &amp; Topics -HC 11:00am <b>Julias Heart Musical Therapist - AH</b> 1:30pm <b>Health Talk with Mary Alex, SLP (Aphasia Awareness Month) - AH</b> 2:00pm <b>Blackout BINGO - AH</b> 3:00pm Remember When Social - AH 4:30pm Mail Delivery 5:30pm <b>Musical Tunes from Mathew the Pianist - Lobby</b></p>	<p>10:00am Morning Topics &amp; Topics -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Yoga with Tiffany- AH</b> 2:00pm <b>Weekly walk to Politics &amp; Pros</b> 2:00pm <b>Springtime Paint &amp; Sip - AH</b> 2:30pm <b>Beachy Volleyball - AH</b> 3:00pm All things June Social - AH 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - 11:00am <b>Balloon Laser ball - Charlene</b> 2:00pm <b>Cash Prize Bingo- AH</b> 2:00pm <b>Audio Book Club- Library</b> 3:00pm <b>Welcome Home, New Residents Happy Hour with Performer -m AH</b> 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am <b>Morning Greetings &amp; Topics - HC</b> 11:15am <b>Jerry Roman; The Piano Man</b> 2:00pm <b>Communion w/ Blessed Sacred</b> 2:00pm <b>Manly Men's Club with Miles</b> 3:00pm <b>The Do Da's Game &amp; trivia -AH</b> 3:30pm <b>Spring Things Social - AH</b></p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am <b>Morning Greetings &amp; Topics - HC</b> 11:00am <b>Seated Chair Exercise -AH</b> 2:00pm <b>Bingo with family &amp; Friends</b> 3:00pm <b>Bowling Fun with friends - AH</b> 4:30pm Mail Delivery</p>
<p>10:00am Morning Greetings &amp; Gather-AH 10:30am Spiritual Connections &amp; Reflections- HC 11:00am Mid Morning Walk Club 2:00pm <b>Sunday Matinee with Refreshments - AH</b> 3:00pm Flag Day Trivia &amp; Patriotic Social- AH  Flag Day (U.S.)</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Creative Paintings w - Dasha - AH</b> 2:00pm <b>Modeling Clay &amp; Molding Creations</b> 2:30pm Bird watching &amp; exploring 3:00pm <b>Musical Tunes &amp; Grooves Happy Hour- AH</b> 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:00am <b>Beauty &amp; Barber Time w/MeMe</b> 10:30am Morning Greeting &amp; Topics -HC 11:00am <b>Tye Dye T-Shirt Tuesday (Creative Creations) - AH</b> 2:00pm <b>Candy Bingo</b> 3:00pm <b>How well do you know your Candy, Test your taster skills -AH</b> 3:30pm <b>Sweet Treats Social - AH</b></p>	<p>10:00am Morning Topics &amp; Topics -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Yoga with Tiffany - Library</b> 11:00am <b>Stronger Memory GL presents Brain Health Awareness Month, Snack &amp; Trivia Fun for all -AH</b> 2:00pm <b>Name 5 (Teams Game)- AH</b> 2:30pm <b>Famous Couple Trivia - AH</b> 3:00pm <b>Tie the knot Social- AH</b> 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Power lift with Miles - AH</b> 2:00pm <b>Southern Barbeque &amp; Belly Dancing Father's Day Celebration - AH</b> 2:00pm <b>Audio Book Club- Library</b> 3:00pm <b>Father Figure Fun Facts &amp; Trivia</b> 3:30pm Some like it hot Happy Hour- A 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am <b>Morning Greetings &amp; Topics - HC</b> 11:00am <b>Creative Paintings w- Dasha -</b> 2:00pm <b>Communion Blessed Sacred- Library</b> 2p-4p <b>Break Every Chain Juneteenth Celebration - AH</b> 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am <b>Morning Greetings &amp; Topics - HC</b> 11:00am <b>ZUMBA Fitness with Laurie - AH</b> 2:00pm <b>Bingo with family &amp; Friends</b> 3:00pm <b>Mandalas &amp; Meditation</b> 3:30pm <b>Tabletop Games &amp; Board Games - AH</b> 4:30pm Mail Delivery</p>
<p>10:00am Morning Greetings &amp; Gather- AH 10:30am Spiritual Connections &amp; Reflections- HC 11:00am Morning Stretch - AH 1:45pm <b>Thinking of Dad Craft time -AH</b> 2:45pm <b>"T" Time (Golf) with Dads - AH</b> 3:30pm Arnold Palmer Social - AH 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Creative Paintings w- Dasha - AH</b> 2:00pm <b>Monday Matinee and Refreshments with Friends - AH</b> 3:00pm <b>Famous Beaches Trivia-AH</b> 3:30pm Bon voyage Happy Hour 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:00am <b>Beauty &amp; Barber Time w/MeMe</b> 10:30am Morning Greeting &amp; Topics -HC 11:00am <b>Julias Heart Music Therapist-AH</b> 2:00pm <b>Better than BINGO - AH</b> 2:00pm <b>Weekly walk to Politics &amp; Pros with Tay- AH</b> 3:00pm <b>Taco Tuesday Social- AH</b> 4:30pm Mail Delivery</p>	<p>10:00am Morning Topics &amp; Topics -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Yoga with Tiffany - AH</b> 2:00pm <b>Eduardo and his Singing Guitar -AH</b> 3:00pm <b>Fun in the summer Social</b> 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - 11:00am <b>Balloon Laser ball -AH</b> 12:00pm <b>Chef's Choice, Cooking Demo (dining room)</b> 2:00pm <b>Audio Book Club - Library</b> 2:00pm <b>Cash Prize BINGO - AH</b> 3:30pm <b>Tiki Bar Happy Hour- AH</b> 4:30pm Mail delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics 11:00am <b>Creative Paintings w- Dasha -</b> 1:45pm <b>Forest Hills Choir with Vicky- AH</b> 2:00pm <b>Communion w/ Blessed Sacred</b> 3:15pm <b>Last Fridays with Bruce Birthday Celebration -AH</b> 4:30pm Mail Delivery 5:30pm <b>Piano Melody from Mathew - Lobby</b></p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics 10:30am <b>Pastels &amp; Painting -AH</b> 11:00am <b>Stretching &amp; moving - AH</b> 2:00pm <b>Bingo with Howard University Nursing Club -AH</b> 3:00pm <b>Bowling Fun with friends - AH</b> 4:30pm Mail Delivery</p>
<p>10:00am Morning Greetings &amp; Gather-AH 10:30am Spiritual Connections &amp; Reflections-HC 11:00am <b>Being one with nature in the Garden - outside</b> 1:45pm <b>Cranium Craze Puzzles and Pictures - AH</b> 2:15pm <b>Spin &amp; Solve Game - AH</b> 3:15pm Some like it hot Social - AH 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:30am Morning Greetings &amp; Topics - HC 11:00am <b>Creative Paintings w- Dasha - AH</b> 2:00pm <b>Weekly walk to Politics &amp; Pros with Dasha- AH</b> 2:00pm <b>Balloon Badminton &amp; Hydration with Tay - AH</b> 3:00pm <b>Mocktail Mondays Happy Hour with Friends - AH</b> 4:30pm Mail Delivery</p>	<p>10:00am What's the Buzz &amp; Trivia -AH 10:00am <b>Beauty &amp; Barber Time w/MeMe</b> 10:30am Morning Greeting &amp; Topics -HC 10 - 12pm <b>Come discover around DC with Liana from IONA (Lobby)</b> 2:00pm <b>Coin Bingo -AH</b> 3:00pm <b>Jeopardy Fun -AH</b> 3:30pm <b>Rhythm &amp; Blues Social - AH</b> 4:30pm Mail Delivery</p>				