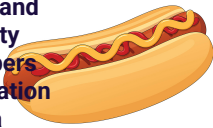


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026			10:00am Morning Gather & Laughter 10:30am Let's get Moving with sound 11:00am Multi - Sensory Stations 2:00pm Armchair Travel to Jamaica: for International Reggae Day 3:00pm Hey Mon! Social & Singalong 1  Canada Day	10:00am Morning Gather & Laughter 10:30am Let's get Moving with Motown 11:00am Easy Listening Music & meditation 2:00pm Stars & Stripes 4th of July Celebration- AH 3:00pm Patriotic Happy Hour with Sadia Bangura- AH 6:00pm Evening Movie with friends 2 	10:00am Morning News & Views with Cristy 10:30am Motion & Movement 11:00am Junk Drawer Junkie 2:00pm Happy Feelings Sing Along 2:30pm Match & Sort Puzzle Time 3:00pm Patriotic Ice Cream Social-AH 7:00pm Wild about Westerns 3 	Happy 4th of July!!! 10:00am Morning News & Views 10:30am Newspaper Art, Flag making 11:00am Zumba Fitness Fun- AH 2:00pm Match & Sort puzzles 3:00pm Red, White & Blue Social with friends - AH 6:00pm National Geographics 4 
10:00am Morning Gather & Laughter 10:30am Movement to Motown 11:00am Morning Praise & Worship Tunes with Jerry Roman - AH 2:00pm Forest Side Walking Club 2:30pm 3D Mandalas & Meditation 3:30pm Fresh fruit Social - AH 7:00pm Sit, Chat & Relax 5 	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am music w/ Quentin - AH 2:00pm Wastebasket Tic Tac Toe 2:30pm Coupon Clipping with Cristy 3:00pm National Fried Chicken Day & Happy Hour-AH 7:00pm Evening Walking Club 6	10:00am AM News & Views 10:30am Let's get Moving with Sound 11:00am Julia's Heart: Musical Therapist-AH 2:00pm Let's visit the world of chocolate (Virtual) National Chocolate Day 3:00pm What could be sweeter Social 7:00pm Sit, Chat & Relax 7	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Seashell Matching Game 1:00pm Uplifting Tunes with Shaq - Lobby 2:00pm Eduardo and his singing Guitar-AH 3:00pm Summertime Vibes and Freezer pops- AH 6:00pm Evening Walking Group 8	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Crafter's Corner with Cristy 2:00pm Let's go and explore the Garden 2:30pm What goes together Game 3:00pm Welcome Home; New Residents Happy Hour with Gabe Hutter performing AH 7:00pm Sit, Chat & Reminisce 9	10:00am AM News & Views w/ Asis 10:30am Let's get Moving with Asis 11:00am Jerry Roman: The Piano Man - AH 2:00pm Scrabble name game 2:30pm Balloon Badminton- AH 3:30pm Frankfurter Social - AH 7:00pm Evening Movie with friends 10	10:00am Morning Gather & Laughter 10:30am Let's get Moving with Cristy 11:00am Sensory Story telling 2:00pm Bowling & Laughter with friends 3:00pm Remember when Social 7:00pm National Geographics 11
10:00am AM News &Views 10:30am Let's get Moving with Cristy 11:00am Gospel Music & Reflections 2:00pm Balloon Volley ball 3:00pm Fun in the Sun Social 7:00pm The Old movie Network 12	10:00am AM News &Views 10:30am Let's get Moving with Sound 11:00am International Rock Day, Rock Art 2:00pm Balloon Laser ball with Charlene - AH 3:00pm Fun in the Sun Social 5:30pm Piano Tunes w/ Matthew in the Lobby 13	10:00am AM News & Views 10:30am Let's get Moving with Cristy 11:00am Easy listening Music 2:00pm Creative Corner Bubble Art- Cristy 3:00pm Schools out for Summer Social 7:00pm Sit, Chat & Relax 14 Bastille Day	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Manicures and Makeovers with Cristy 2:00pm Name that Tune 2:30pm Coin Counting 3:00pm Chip & Dip Social 7:00pm Wheel of Fortune 15	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Crafter's Corner with Cristy 2:00pm Sound waves, memory and cognition 3:00pm All things summer Social 7:00pm Sit, Chat & Reminisce 16	10:00am Morning News & Views with Cristy 10:30am Motion & Movement 11:00am Scenic Ride around town 2:00pm Happy Feelings Sing Along 2:30pm Mail sorting & labeling 3:00pm Wacky words & Watermelon Social -AH 7:00pm Wild about Westerns 17	10:00am Morning News & Views 10:30am Watercolor Painting 11:00am Zumba Fitness Fun- AH 2:00pm Forest side way walking club & Hydration 3:00pm Some like it hot Social with friends - AH 6:00pm National Geographics 18
10:00am AM News &Views 10:30am Wheels in motion seated exercise 11:00am Gospel Music & Reflections 2:00pm 3D Mandalas & Meditation 3:00pm Lazy Days of Summer Social with friends 7:00pm Evening Sing along 19	10:00am AM News &Views 10:30am Let's get Moving with Sound 11:00am Let's go to the (Virtual) Zoo with Friends 2:00pm Hallway Hockey 3:00pm Feet in the sand Social 5:30pm Piano Tunes w/ Matthew in the Lobby 7:00pm Sit, Chat & Relax 20	10:00am AM News & Views 10:30am Let's get Moving with Cristy 11:00am Julia's Heart: Musical Therapist-AH 2:00pm Creative Corner Water gun Art- Cristy 3:00pm National Junk Food Day fun facts & Social - AH 7:00pm Sit, Chat & Relax 21	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Manicures and Makeovers with Cristy 1:00pm Uplifting Tunes with Shaq - Lobby 2:00pm Magazine Collage 2:30pm Oldies but Goodies Sing along 3:00pm Hawaiian Punch & Puzzle Social 7:00pm Wheel of Fortune 22	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Crafter's Corner with Cristy 2:00pm Balloon Laser ball with Charlene - AH 3:00pm National Vanilla Ice cream Day Social -AH 7:00pm Sit, Chat & Reminisce 23	10:00am AM News & Views 10:30am Let's get Moving with Cristy 11:00am International self-care day: Essential oils & Meditation 2:00pm Follow the suite game 2:30pm - Scenic Ride around town 3:30pm Summertime Social 7:00pm Evening Movie with friends 24	10:00am Morning Gather & Laughter 10:30am Let's get Moving with Motown 11:00am Journey on the seas virtually on a boat ride. 2:00pm Bowling & Laughter with friends 3:00pm Remember when Social 7:00pm National Geographics 25
10:00am AM News &Views 10:30am Let's get Moving with Asis 11:00am Gospel Music & Reflections 2:00pm Classic Movie Time & Refreshments 3:00pm Remember when Social 7:00pm Evening walk with friends 26	* Blue Monday wear s shade of Blue 10:00am AM News & Views 10:30am Let's get Moving with Cristy 11:00am Roll the dice game 2:00pm Armchair travel to Hawaii 2:30pm - Let's make our own Lai 3:30pm Blue Hawaiian Social 7:00pm Evening Movie with friends 27 	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Multi - Sensory Stations 1:00pm Uplifting Tunes with Shaq - Lobby 2:00pm Hallway Hockey 3:00pm Root beer Float Social- AH 7:00pm Let's take an evening walk 28	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Watercolors Crafts w/Cristy 2:00pm Eduardo and his singing Guitar-AH 3:00pm National chicken wing Day Social- AH 6:00pm Evening Walking Group 29 	10:00am AM News & Views with Cristy 10:30am Let's get Moving with Cristy 11:00am Manicures and Makeovers with Cristy 2:00pm Power steppers walking Club & Hydration 2:30pm Let's go on a scavenger hunt 3:00pm National Chili Dog Social - AH 7:00pm Reminisce & Relax 30 	10:00am Morning News & Views with Cristy 10:30am Motion & Movement 11:00am Montessori Stations 2:00pm Happy Feelings Sing Along 2:30pm DJ Tunes with Cristy 3:15pm Last Friday's w/ Bruce Monthly Birthday Celebration - AH 7:00pm Wild about Westerns 31 	